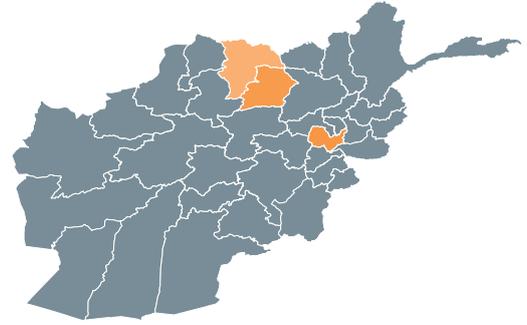


German Cooperation with Afghanistan

Sport for Development



Context

During the time of Taliban rule, the Afghan people were forbidden to participate in sporting and cultural activities. Today, sports are once again one of the most popular leisure pursuits in Afghanistan, even though there are few sports clubs in existence and physical education in schools, if available at all, focuses mainly on theoretical knowledge and rarely includes any practical lessons. Schools lack practical teaching strategies and curricula for physical education. Other challenges include a shortage of qualified PE teachers, equipment and facilities. And yet schools can provide a safe space for physical activity, especially for girls and young women, who have no other opportunity to do sports.

Objective

The project aims to give girls access to quality physical education. A physical education curriculum at teacher training colleges will support the provision of sports in schools by giving trainee primary school teachers the skills they need to teach PE.

Measures and Results

Sports in schools

Ten trainers from the Afghan Physical Education Directorate (PED) at the Ministry of Education attended two training workshops where they learned how to utilise sport as a personal development tool and to tailor PE lessons to local circumstances and school resources. Ball games (mainly basketball and volleyball) were emphasised at the second workshop.

The trainers act as multipliers and share their newly acquired knowledge with other PE teachers. To date, a total of 120 teachers from 60 schools in Kabul, Mazar-e Sharif and Aybak have attended 12 advanced trainings. Around 90,000 students are now benefiting from the improved PE lessons. The German Sport University Cologne (DSHS) provides scientific support for the project.

Sports equipment for schools

Equipment suitable for use in a variety of sports and ball games has been provided for 39 pilot schools in Mazar-e Sharif and Kabul and teachers have received advanced training in physical education.

Overview	
Programme	Sport for Development in Afghanistan (S4D)
Commissioned by	German Federal Ministry for Economic Cooperation and Development (BMZ)
Partners	Physical Education Directorate (PED) at the Afghan Ministry of Education, education departments of the Afghan provincial governments GIZ's Basic Education Programme for Afghanistan (BEPA) German Sport University Cologne (DSHS)
Implementing organisation	Deutsche Gesellschaft für Internationale Zusammenarbeit (GIZ) GmbH
Provinces	Kabul, Balkh, Samangan
Programme objective	To expand sports in schools and develop teacher training curricula for physical education

DVD tutorial

A DVD tutorial was produced to explain and illustrate various types of physical activity and ball games from a theoretical and practical perspective. With the assistance of the Physical Education Directorate, the DVD will be distributed to around 2,500 schools nationwide.



Instructors learn how to organise practice-oriented physical education classes | © GIZ

Sports curriculum development

With support from the Afghan-German Cooperation, several teacher training centres have been established in Afghanistan's Northern provinces and are attracting young Afghans wishing to enter the profession. Based on the awareness that sport contributes to physical and mental health and wellbeing, builds motor skills and brings people together, physical education is being introduced as a new element of teacher training at primary level.



A teacher applies her new knowledge during physical education classes | © GIZ

This requires an appropriate curriculum. A PE curriculum for children of primary school age was therefore developed in May 2016. It draws on sports and physical activities from all over the world and is tailored to the conditions, resources and amenities typically available at Afghan schools. On this basis, and as the next step, appropriate teaching materials were developed for physical education lessons and have already been piloted in conjunction with a team of experts in Aybak.



10 trainers attended training workshops

They then trained **120** teachers in physical education

Benefiting **90,000** students

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